

## Cancer Prevention Clinical Trials?

### What are cancer prevention clinical trials?

Cancer prevention clinical trials are studies that look at ways to lower people's chances of getting some kinds of cancer.

### What do cancer prevention studies do?

- Some prevention trials find out if some medicines, vitamins, minerals or other supplements can lower their chances of getting cancer.
- Some prevention trials find out if something people do (like exercise or quitting smoking) can lower their chance of getting cancer.
- Some prevention trials look at ways to lower the chances that people who have had cancer will get it again.

### Who can take part in these trials?

Men and women of all ages, races and ethnic groups take part in prevention trials. Each study has rules that say who can and cannot take part in it.

### Where do people go for clinical trials?

Clinical trials take place in doctors' offices, hospitals, clinics and cancer centers.



### Why would I want to take part in a prevention clinical trial?

- Some people do it because they have a higher chance of getting some cancers than most people.
- Some people do it because they want to help doctors find out more about cancer and how to prevent it.

### **Are clinical trials dangerous?**

There are rules to help keep patients safe. The rules make sure that doctors give the treatments in the right way. During and after a clinical trial, the doctors and nurses check you very closely to be sure things are going well.

### **Talk to your doctor about clinical trials.**

If you think you might want to be in a clinical trial, talk to your doctor or nurse to see if a prevention clinical trial might be right for you. Ask your doctor how a clinical trial can help you. Also ask your doctor how a clinical trial may harm you. Writing down your questions before you talk to the doctor can help you remember them. It may also help to take a family member or friend with you.



### **What if I decide to be in a prevention clinical trial?**

If you find a prevention clinical trial that is right for you, you will get written information about the trial called informed consent. This will help you understand the purpose of the study, the good it might do and any harm it may do.

### **How can I find out more about clinical trials?**

- Call the Cancer Information Service at 1-800-4-CANCER (1-800-422-6237). The call is free.
- or
- Call the American Cancer Society at 1-800-ACS-2345 (1-800-227-2345). The call is free.

